

Summer Ballroom Power Camp



Seventh ANNUAL SUMMER YOUTH BALLROOM CAMP!

June 29 - July 2, 2015

@ Aspire Dance Academy

55 North 1400 West, Lindon (off the freeway) Phone: 801-471-5125

**Come improve your ballroom skills and
Prepare for BYU SUMMER DANCESPORT – Aug 8th**

“SINGLE” Camp – \$100.00 per person – 12 hours of instruction

NO PARTNER required - Junior & High School ONLY

8:30 - Movement for Ballroom Dancers: Learn how to move your body efficiently to improve your ballroom skills; and the importance of warming up before and cooling down after a practice or competition. **Instructor: Krista Derington**

10:00 – Ballroom Dance Conditioning: Come learn some great ballroom conditioning methods to help strengthen your ballroom dance technique. A strong body creates a strong dancer! **Instructor: Krista Derington**

10:30 – Ballroom Performance: The “master of performance”, Paul Winkelman - UVU Ballroom Director, will teach you how to present the different styles of ballroom dance when performing; and truly mean it. **Instructor: Paul Winkelman**

OR

“PARTNER” Camp - \$100.00 per person – 12 hours of instruction

MUST have almost equal number of men and women registered

ELEMENTARY	JUNIOR HIGH	HIGH SCHOOL
10:00 American Cha Cha/Waltz Instructor – TBA	12:00 American Cha Cha Instructor – Krista Derington	12:00 International Latin Rumba Instructor – Paul Winkelman
11:00 International Latin Samba Instructor – Kyle Treu	1:00 International Latin Samba Instructor – Paul Winkelman	1:00 International Ballroom Quickstep Instructor – Elaine Grenko
12:00 Lindy Instructor – Elaine Grenko	2:00 International Ballroom Waltz Instructor – Elaine Grenko	2:00 International Latin Samba Instructor – Kyle Treu

OR

“COMBO” Camp – ONLY \$180.00 – 24 hours of instruction

**Register for BOTH the “Partner” Camp and the “Single” Camp – JR & YOUTH ONLY
Enjoy a full day (6 hours a day for 4 days) of dance classes for only \$180!!!**

***PARENTS ARE WELCOME TO WATCH CLASSES LAST DAY OF CAMP**

REGISTER BY: May 1st...for a \$5.00 discount & camp t-shirt

REGISTER BY: May 15th...to receive a camp t-shirt

**For camp registration information email
Summerballroom2015@gmail.com**